

## **Physiotherapy At Culverhill School**

Physiotherapy focuses on promoting independence of functional activities of daily living and helping children achieve their goals. This is done by assessment and monitoring of muscles, joints and function. Working collaboratively with school staff and other professionals to provide the optimal care for the pupil.

Our Physiotherapists, Jade Harris & Lisa Phillips come to school once a term to assess pupils, ensure programmes are still fit for purpose & check on progress. They work collaboratively with the staff teams & parents & are in contact with parents to keep them updated with progress & to discuss anything parents would like addressed.

Mrs Hosken our HLTA then works with pupils & the class teams to follow the programmes given, reporting back to the Physios & class teams on pupil progress. One of our aims for all pupils receiving Physio is to make them as independent as possible & their exercise programmes reflect this. Pupils are encouraged to continue their programmes at home as well.

The Physios also work closely with other professionals, such as the Orthopaedic consultants, Occupational Therapists, to ensure the best outcomes for our pupils.

This is Jade Harris

